

Free Artistic Expression

Workshops
Programme
2021-2022

The logo for Young ACAT features the word "YOUNG" in a bold, blue, sans-serif font. The letter "Y" is stylized with a small yellow circle above its top left stroke. Below "YOUNG" is the word "ACAT" in the same blue, sans-serif font.

YOUNG
ACAT

Stand up for Human Rights



Project leader

Christina Fabian born in Germany in 1959 and living in Luxembourg with her family since 1989, she has been working as a teacher for religious studies and society at Ecole Privée Fieldgen for 30 years. She is also a teacher for creative writing and followed an apprenticeship in the field of integrative gestalt psychotherapy. Since 2017, she is chairwomen of ACAT Luxembourg. With the starting up of Young ACAT Stand up for human rights, her focus is on human rights education and sensibilisation.

Contact and information

cfabian.acat@gmail.com

YOUNG
ACAT

Stand up for Human Rights



Project co-leader

Catherine Nilles born in 1997, is a dance and outdoor enthusiast from Luxembourg. She volunteered for seven months in an inclusive school in Varanasi, India, after graduating from high-school Fieldgen in 2016. She graduated from the University of Aberdeen with a joint degree in Anthropology and Psychology in 2021. In April 2021, she became a board member of ACAT and is currently co-managing the Young ACAT workshops with Christina and Tatev.

Contact and information

catherine_nilles@hotmail.com



Stand up for Human Rights

is a service of **ACAT Luxembourg** and aims to raise awareness of Human Rights among young people

Who are we?

We are a group of women and men aged between 18 and 65 years, coming from various cultural backgrounds and having lived different experiences each. We actively and creatively engage in diverse Human Rights issues.



Stand up for Human Rights

DIALOGUE OF CULTURES AND BELIEFS

FREE ARTISTIC EXPRESSION

HUMAN RIGHTS EDUCATION

Our projects

- We prepare a Human Rights Festival from the 9th - 11th December 2022 by young people from various cultural backgrounds and worldviews.
- We offer artistic workshops for young refugees and other young, interested people living in Luxembourg.
- We offer workshops in schools and establish multiple 'Young ACAT' groups.

Young people with and without refugee background can get into conversations with co-participants and themselves about **LONGING** and **BELONGING** through their engagement in dance, music, film, photography and painterly expressions.



Empowering Communities: Art, Human Rights & Resistance

How do we use the beautiful as a tool for resistance? In my talk, I will try to answer this question by highlighting the many different experiences I have witnessed, in which we can successfully bridge human rights and the arts in impactful ways for communities, especially focusing on young people.

I will first present the project ARTE justice, which uses human rights education in NYC schools to empower young students through art. I will then show the many benefits of using the arts to work with vulnerable communities, especially focusing on refugees who might have had traumatic experiences. I finish my talk by presenting the value of art as a tool to achieve social change, especially for young individuals.

Date

04/06/2021 19.00-21.00

Venue

Centre Société St. Jean
110 avenue Gaston Diderich
L- 1420 Luxembourg

Noa Levy Baron is currently a master student at Sciences Po Paris, in Public Policy, specializing in « Energy, Environment & Sustainability ». She graduated from a dual degree between Sciences Po and Columbia University in New York, majoring in Human Rights and minoring Psychology. She is particularly interested in the intersection between human rights and the arts and in the many ways in which artistic disciplines can be used as tools of empowerment for communities and individuals. She won the 2020 Columbia Human Rights Essay Contest for her paper: « Art Therapy with Refugees: Overcoming Processes of Pathologization and Fostering Social Integration » and produced the International Human Rights Art Festival at Columbia, an event that featured engaged works and performances of student artists in many artistic disciplines. She is convinced of the power of art to achieve social change.

Contact and information

noalevybaron@gmail.com



Working with vulnerable communities: art therapy and human rights

L'objectif est d'échanger au sujet de la création artistique en art-thérapie (dessin, peinture, collage, sculpture, etc.) pour aider les jeunes BPI-DPI à prendre contact avec leur vie intérieure (sentiments, rêves, inconscient, etc.), l'exprimer et se transformer.

Ce workshop permettra de donner des outils pratiques aux participants pour leur permettre de mener à bien des ateliers créatifs et d'en tirer des expériences en lien avec les droits de l'homme.

Nos objectifs :

- Recueil des expériences des participants
- Echanges sur les ressentis personnels (imagination, intuition, pensée et émotions)
- Positionnement en rapport avec la démarche artistique.
- Réflexions sur les bienfaits de l'art-thérapie
- Art-thérapie et droits de l'homme

Date

05/06/2021 10.00-13.00

Venue

21, rue d'Anvers
1130 Luxembourg

Contact and information

alioune.toure@cepas.lu

A circular portrait of Alioune Touré, a Black man with short hair and glasses, wearing a white shirt, smiling slightly.

Alioune Touré has a Doctorate degree in Psychology, currently he works at the CePAS resource center, he is in charge of supporting the SePAS teams, he has been chairing the CAR since December 2019. In addition, he is vice-president of the CCDH (Advisory Commission on Human Rights), and a member of the Board of Directors of the SLP (Société Luxembourgeoise de Psychologie). He previously worked as a psychologist at Sportlycée, for 13 years, and he was also a national trainer at the Luxembourg Tennis Federation for 17 years.

Visual Arts and music

Free expression through visual arts and music.

This workshop mixes or alternates the media of visual arts such as painting, collages, ...

with occasional explorations in sound and music, including spontaneous painting to live music, short listening sessions and improvisation with voice, sound and/or rhythm.

Led by Maria Thym and Annemie Osborne

Assistant: Manuel Thym

Dates

02-03/10/2021

18-19/12/2021

19-20/02/2022

one additional weekend in april 2022

14.30-17.30

In collaboration with

caritas
LUXEMBOURG

Contact and information

mayathym@pt.lu

María Chomnalez-Thym is a Franco Argentinian artist born in Buenos Aires and living in Luxembourg since 1994.

She is also architect and has participated in many seminars in Art-Therapy and training to become MBCT (Mindfulness Based Cognitive Therapy) instructor.

She founded "Atelier Vert Paradis" in Paris in 1992 and continue the artistic fine arts workshops until today: drawing, painting, modelling, engraving are part of the proposed activities.

Annemie Osborne (35) is a cellist from Luxembourg currently based in Brussels. She plays concerts all over Europe in a large variety of musical projects. She is passionate about discovering musical traditions and exploring improvisation, considering music as a powerful tool to connect people to themselves and to others.



Girls can do it - Telling stories through movies

This workshop is designed for young girls from various backgrounds between the age of 12 and 15. Up to 12 girls can take part in the workshop. The everyday-life of girls will be the focus of this workshop and in a playful and cinematic manner they will learn about the similarities and differences between their everyday lives. The workshop allows the participants to get a first glimpse into the art of 'Stop-Motion-Studio' and even allows the girls to create their own movie on an iPad. Following the exchanges on their self-made movies, the girls can reflect upon the every-day life of girls as well as girls' and women's rights. In that way, the contact created between the girls from different backgrounds promotes integration at an early age on.

Organisation: Barbara Schu, media pedagogue EwB and Christina Fabian, ACAT

Dates

19/11/21 16.00 – 19.00

20/11/21 15.00 – 18.00

Venue

ErwuesseBildung Eingang G Rdc
5, Avenue Marie-Thérèse
L 2132 Luxembourg

Contact and information

barbara.schu@ewb.lu



Barbara Schu is 55 years old. She is married and has a 13 years old son.

She has been working at ErwuesseBildung(*) in the city of Luxembourg for 16 years. She is a media educator and her field of activity is film. She enjoys working with young people and looks forward to developing stories with them, which we then film together.

(*) EwB is an educational institution for adults that focuses on personal development and media mindfulness

I am I, I am 1

The places where I lived and where I live, the experiences I made and make, the people who raised me and the people I met and meet are contributing to who I am, to build my personality. The smartphone is in many cases the recorder, the receptacle of these stories.

The aim of the workshop is, within two weeks' time, to project from my smartphone to a wall a story of who I am through selected pictures of different stages of my life. And then make a portrait of myself in front of this wall (in the light of the projected collage).

The outcome is to mount an exhibition at the end of the workshop, at a date to-be-defined.

For young people aged 17+

Dates

Workshop 1

06/11/2021 and 20/11/2021 14.00-17.00

Workshop 2

08/01/2022 and 22/01/2022 14.00-17.00

The two workshops are independent.

Venue

21, rue d'Anvers
L-1130 Luxembourg

Contact and information

etienne.grimee@gmail.com

Etienne Grimée is born in Belgium in 1967 and lives in Luxembourg since then.

He is a mathematics teacher in Luxembourg. He discovered photography in the 90's. In the 2010's, he participated in some workshops and training courses and animated some photography courses for students and teachers of his school.



A Sense Of Motion

Feel free and strong, push limits and most of all have fun through music and movement. These workshops provide a pathway in which you can discover your body and see what you are capable of.

The workshop is based on 5 modules of two hours:

1. First Steps
2. Physical strength
3. Feeling Music
4. Improvising
5. Self-Reflection

The workshop is run by Amelie Teferle and Catherine Nilles

Dates

Module 1: 25/09/2021

Module 2: 02/10/2021

Module 3: 09/10/2021

Module 4: 16/10/2021

Module 5: 23/10/2021

Venue

to be confirmed

Dates and times to be confirmed

Contact and information

TeFAM302@school.lu



Amelie Teferle has lived in Luxembourg for the past ten years. During her 14 years of dancing, she has always found real joy in just moving to whatever music was available. Making up your own dance and enjoying the feeling of being. For the past 5 years, she has helped teaching dance and really enjoyed sharing her enthusiasm. She has always been interested in human rights and she loves the prospect of working on empowerment, through dance, with other young people.

World Music

The aim of this workshop is to give multicultural participants a sense of belonging to a global culture by highlighting cultural similarities of multinational communities through arts and music. First, a contest will be conducted whereby participants would guess the origins of different music styles from all around the world. Next, participants will be encouraged to share music and to teach each other dancing styles from their countries and cultures.

Dates

November 2021
(to be confirmed)

Venue

to be confirmed

Adham Al-Sayyad is a multidisciplinary artist, researcher, and project manager in the fields of ethnomusicology, manufacturing engineering, and social development. He has been playing kawala (traditional Egyptian flute) since 2010, which he learned by following grand master Ahmed El-Arnab in Egypt. Since then, he has been organizing several projects to promote social coherence and intercultural exchange through arts and music. Since he arrived in Luxembourg, he launched project ANASEA at espace cultures of the University of Luxembourg with a mission to preserve and revive global cultural legacy among the multi cultural communities in Luxembourg by organizing masterclasses and workshops on world-music. Adham is currently chairing the Intangible World Heritage Organization ASBL and managing Esch 22's project BELONG, which aims at providing a sense of belonging to the multinational communities of the European capital of culture region by embracing their artistic heritage through arts and music.

Contact and information

adham@sayyad.net



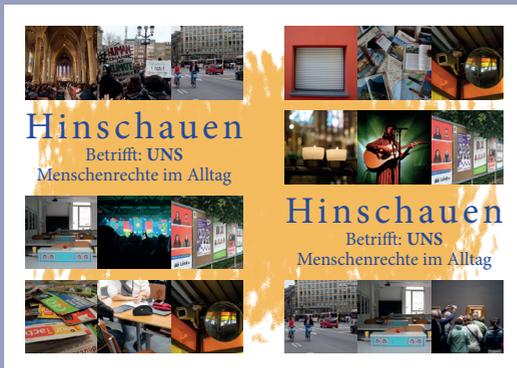


EFID is inviting you to a discourse seminar on:
**Refugees, vulnerable or potential protagonists
for change**

Redefining our perception of refugees and migration, by sharing the vision of the potential vital contribution of refugees in charting their progress and contributing to their new home, Luxembourg.

Date: Mid-September 2021

Venue: To be confirmed



This photo exhibition is the outcome of the extra-curricular course *Photographie@Fieldgen* during the academic year 2018-2019.

The project was implemented by *Alicia Cremer, Jonathan Heuts, Estelle Kops, Alizée Nosbusch and Yola Savic*, under the supervision of *Etienne Grimée and Raphaël Weickmans*, with the financial support of ACAT Luxembourg and Ecole Privée Fieldgen.



ARTIKEL 13

1. All Mënsch huet d'Recht fir fräi bannent de Grenze vun all Stat ze zirkuléieren a séng Residenz ze wälen.
2. All Mënsch huet d'Recht fir all Land ze verloossen, och säin egent, an nees a säi Land heemzekommen.

Stell dir vor du musst fliehen und du kannst nirgendwohin. Aus genau solchen Gründen wurden dir Grenzen geöffnet. Jeder hat das Recht in Freiheit zu leben und sein Glück zu finden. Bei vielen liegt ihr Glück nicht in ihrem Heimatort, sondern irgendwo in der Welt. Außerdem gibt es viele Menschen, die sich durchs Reisen weiterentwickeln, mehr von sich und der Welt kennen lernen möchten. Wie Goethe einst philosophierte: „Die beste Bildung findet ein gescheiter Mensch auf Reisen“ und wie Kurt Tucholsky meinte: „Reisen ist die Sehnsucht nach dem Leben“.

Yola

Projekt: Hëllef ëmmer Li. © 2018 de l'Agence Photographique par Alexis. Créateur: Anne-Sophie de L'Agence Photographique par Alexis. Créateur: Anne-Sophie de L'Agence Photographique par Alexis. Créateur: Anne-Sophie de L'Agence Photographique par Alexis.

The exhibition includes 15 panels (40x60cm) and opens up discussions about Human Rights. The displays of the panels are written in German, French and Luxembourgish.

You can find more information about the exhibition on www.acat.lu. There is the possibility to borrow the exhibition from ACAT.

If you're interested in borrowing the exhibition panels, please send a request to : acatluxembourg@gmail.com and we're more than happy to send it to you.



ARTIKEL 27

All Mënsch huet d'Recht fir fräi an der Kommunikatioun hirem kulturelle Liewen deelzehuelen, an de Genoss vun der Konscht ze kommen.

Es gibt Nächte, die ich gerne nochmal erleben würde.

Estelle

Das kulturelle Leben in Luxemburg zeichnet sich durch seine Weltoffenheit, die Anzahl der kulturellen Infrastrukturen, außergewöhnliche natürliche Kulissen, Mehrsprachigkeit in allen Bereichen und durch seine Feste und Traditionen aus. Daraus ergibt sich eine erstaunliche Vielfältigkeit in Bezug auf das literarische, künstlerische, architektonische und musikalische Schaffen.

Das offizielle Internetportal des Großherzogtums Luxemburg

Projekt: Hëllef ëmmer Li. © 2018 de l'Agence Photographique par Alexis. Créateur: Anne-Sophie de L'Agence Photographique par Alexis. Créateur: Anne-Sophie de L'Agence Photographique par Alexis. Créateur: Anne-Sophie de L'Agence Photographique par Alexis.



Project coordinator

Tatev Margaryan born in Armenia in 1978, is living with her family in Luxembourg since 2016. She is a cultural anthropologist and has been working as a trainer/youth worker for the Council of Europe Youth Department, promoting human rights projects, for over 20 years. For the moment she is a manager of the FSL (Formation et Sensibilisation de Luxembourg) and acts as freelance educational advisor.



Contact and information

margaryanhtatev@gmail.com

How to register

The workshops are open for young people aged between 12 and 24 years, and particularly aim at young people with refugee backgrounds.

The workshops can either be signed up for by individuals or through organisations.

The workshops are free of charge. If you register through an organisation, we would kindly ask you to help with logistics, such as providing location/rooms/snacks/...

Young ACAT – Stand up for Human Rights uses English as a common language, yet depending on the different workshops, other languages can be used to communicate in, such as Luxembourgish, German, French and Arabic.

If you want to register, please send an email to either:

Christina Fabian: cfabian.acat@gmail.com

or

Tatevik Margaryan: margaryanhtatev@gmail.com

Supported by



You can support the projects of Young ACAT with a donation to:

Action des Chrétiens pour l'Abolition de la Torture

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The association is recognised as a public utility. Your donations are tax-deductible. Thank you for specifying your donation as follows: Don ACAT – Projets Young ACAT.

Partner Organizations

